



## References

- Bessinger, R.C. & McMurray, R.G. (2003). Substrate Utilization and Hormonal Responses to Exercise in Pregnancy. *Clin Obstet Gynecol*, 46(2), 467-478.
- Bessinger, R.C. et al. (2002). Substrate utilization and hormonal responses to moderate intensity exercise during pregnancy and after delivery. *AJOG*, 186(4), 757-764.
- Clapp, J.F. (2003). The effects of maternal exercise on fetal oxygenation and feto-placental growth. *Eur J Obstet Gynecol Reprod Biol*, 110, S80-85.
- Clapp, J.F. (2002). Continuing exercise during pregnancy: effect of exercise volume on fetoplacental growth. *AJOG*, 186(1), 142-147.
- Hall, D.C. & Kaufmann, D.A. (1987). Effects of aerobic and strength conditioning on pregnancy outcomes. *AJOG*, 157(5), 1199-1203.
- Soultanakis, H.N. et al. (1996). Prolonged Exercise in Pregnancy: Glucose Homeostasis, Ventilatory and Cardiovascular Responses. *Sem Perinatol*, 20(4), 315-327.
- Varrassi, G. et al. (1987). Effects of physical activity on maternal plasma  $\beta$ -endorphin levels and perception of labor pain. *AJOG*, 160(3), 707-712.
- Wolfe, L.A. et al. (2003). Aerobic conditioning effects on substrate responses during graded cycling in pregnancy. *Can. J. Physiol. Pharmacol*, 81, 696-703.

